



# साम्प्रदायिकता

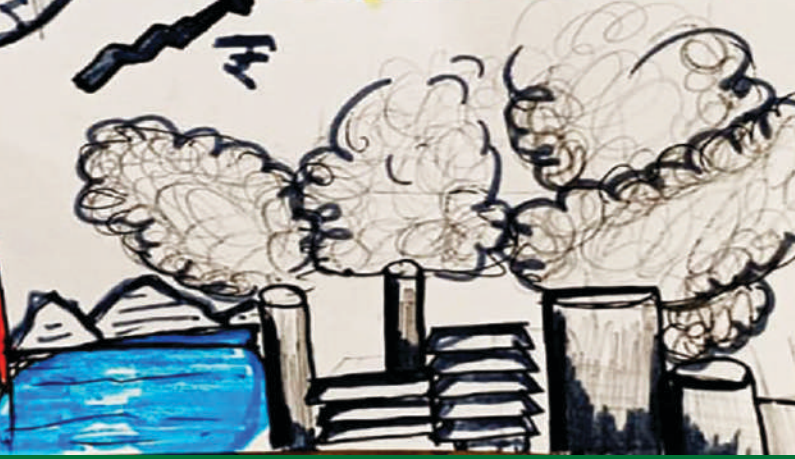
...THE EXPRESSION



75  
Azadi Ka  
Amrit  
Mahotsav



# 100 वर्ष का भारत कैसा होगा ?





# सरस्वती वन्दना



श्री सरस्वती नमःस्तुभ्यं वरदे काम रूपिणि।  
त्वां अहं प्रार्थये देवी विद्यादानं च देहि मे।  
वाणी रसवती यस्य यस्य श्रमवती क्रिया।  
लक्ष्मी दानवती यस्य सफलं तस्य जीवनम्॥  
विद्वत्त्वम् च नृपत्वम् च नैव तुल्यम् कदाचन।  
स्वदेशे पूज्यते राजा विद्वान् सर्वत्र पूज्यते॥  
अभिवादनशीलस्य नित्यं वृद्धोपसेविनः।  
चत्वारि तस्य वर्धन्ते आयुर्विद्यायशोबलम्॥

काकः कृष्णः, पिकः कृष्णः, को भेदः पिकः काकयोः।  
वसन्तसमये आगते काकः काकः पिकः पिकः॥

असतो मा सद्गमय।  
तमसो मा ज्योतिर्गमय।  
मृत्योर्मा अमृतं गमय॥



# EDITORIAL BOARD



**From Left to Right** — Ms. Swati Singh, Ms. Anita Sharma, Mamta Sardana Gulati, Ms. Seema Jain, Ms. Kumud Shukla, Ms. Sangeeta Gupta, Ms. Deepa Agarwal, Mr. Rajender Kumar, Mr. Harish Bhoddy



# VISION & PHILOSOPHY

## *GOODNESS BEFORE GREATNESS!*

**O**ur motto defines our strong belief in the common welfare and uplift. We believe that each and every student is our priority and thus we are committed to supporting each student's academic and social learning experience through quality instruction and guidance that addresses the needs of individual child. The school promotes creativity, collaboration, inquisitiveness and personal integrity in a blend that fosters success for all students of the school.

As a 44 year, young and pulsating institution, it is our responsibility to facilitate active learning among our students and foster the knowledge, critical thinking and life/work skills required for participation in our global society. We believe that excellence in education must occur in an ethical climate of integrity and respect. We hold that the strength of our society is rooted in our diversity and that it is through synergy that we achieve excellence.







## Director's Message

*Choosing a school, that is most apposite to the specific needs of your ward, is a major decision for parents. Numerous questions arise but the most imperative is whether the school's educational and social philosophy meets the parent's own expectations and standards.*

*BBPS philosophy is based on the principle that each child will achieve their personal best in all areas of their development! Education involves the progress of self-motivated, responsible and self-disciplined children. From a very young age we bring children, through purposeful activities, to autonomous learning and self-enterprise, empowering them to realize their highest potential. Self-esteem is attained and expertise vital to a fully functioning member of society are developed.*

*Our students work individualistically as well as complaisantly, learning to respect the needs of others as well as their own. A love of nature and a deep sense of accountability for others and their environment are nurtured. Also, the child should have fun and develop new friendships. Most importantly self-esteem is nurtured so that each child is proud of their ability and is confident in what they can achieve.*

*A child's school should be an extension of their family, providing a benign environment in which they can explore ideas and spirits. Parents who enrol their children at Bal Bhavan are required to attend and participate in all information meetings arranged by the school to foster open communication channels for the benefit of the children.*

*All this in a multicultural environment that embraces diversity and teaches children to celebrate their cultural heritage and that of others!*

*It is our aim to direct each child to achieve their personal best by allowing them to develop at their own pace.*

*- Saroj Gupta*





## *Principal's Message*

*A school is one of the first and most essential junctures for an individual where one shall learn and then get proficient for the final and greater acts later in life. We as teachers and guides, simply play our role in being the path enlighteners, enabling the novices to trek along until they find their graceful foothold.*

*I feel proud & congratulate my staff and the students, that they ebulliently endeavour to undertake this journey together, learning & succeeding together, faltering & correcting together & making themselves worthy & capable citizens. This is evident from the expanding base of students in our school, the shining results in academics and achievements in the co-curricular.*

*A full window glimpse into the immense talents and capabilities of the precious gems of this institute, along with a compilation of all the achievements of these same gems, is 'Abhivyakti'-our Annual School Magazine. A platform for showcasing where we have reached and where we want to. A reflection of the dazzling & magnificent year that just went by; impudently and confidently steering into the next year.*

*I express my whole-hearted gratitude to the management for their endorsing unconditional support rendered at all times that assures peak performance without any compromises.*

*I would also like to put on record the incessant assistance and cooperation of all the teaching & non-teaching staffs that help me run this institution smoothly.*

*Last and in no way least, a special thanks to all the parents for putting their conviction and confidence in us. One last thanks to the editorial team for doing a wonderful job for compiling this school magazine. I wish you all good luck and let's work harder to accomplish bigger and better milestones in the coming years.*

*Remember- "Success is not final. Success is not resting on your laurels, but finding new laurels to rest upon."*

*- Deepesh Gupta*



# OUR HOUSE SYSTEM & ITS OBJECTIVES

*"It is not an ignominy if the dreams are left unfulfilled, but it is, if we have no dreams at all."*

Bal Bhavan Public School, imbues the child with the spirit of amity, solidity and efficiency. Each child is initiated into the house system and is placed in a House and is gradually introduced to the tenet of the institution.

Our four houses are appositely named :

## HARMONY HOUSE



## LIBERTY HOUSE



## PEACE HOUSE



## VISION HOUSE



The four aspects that are indispensable to realize ones dreams.

Each house has four house in charges to whom a student may turn for assistance at any time. All students are placed in the four houses and all activities academic, co-curricular and intermural, are based on inter-house competitions. The house system was devised to promote team spirit and a sense of belonging to the school. Also, this empowers the senior students of the school to provide care and direction to their junior schoolmates. The House System provides incredible prospects for student leadership and peer group support. Aided by dedicated staff members, and house captains, it is a remarkable medium for empowering students of different ages to bond together and operate as a cohesive family. Houses are a common and successful way of building a superb school civic and essence. The Houses contest in different sporting, cultural, and academic competitions, and provide an excellent way to synergize pupils of diverse classes and ages, all of whom have a mutual goal and purpose.



# SARASWATI POOJAN

Just as any good event seems incomplete without the blessings of Lord Ganesh, similarly, education is incomplete without the blessings of Goddess Saraswati.

Saraswati Poojan has a great significance for scholars and students, who worship Goddess Saraswati with pure dedication and devotion to acquire knowledge and wisdom as without Goddess Saraswati's blessings, one can not achieve intellectual excellence and success.

The beginning of the new academic session saw the school worshipping Goddess Saraswati to seek her blessings for the intellectual growth of its students. The Director performed the puja in the traditional way and the environment was filled with the pious echoes of the conch and hymns.





# BAISAKHI





# KHELO INDIA





# FOUNDATION DAY

## *As We Step into the 44<sup>th</sup> Year*

**U**nder the canopy of joy, elation and blessings our school celebrated its 43<sup>rd</sup> Foundation day. BBPS has its genesis in the vision of Late Mr. Bimal Gupta, the guiding light behind the establishment of our institution. We are forever indebted to our founder sir a great man whose foresight and imagination led to its creation. The commencement of the event was marked by a symbolic tree planting ceremony which serves to highlight the hope that as we nurture and protect this tree to grow deep roots and sprout strong branches B.B.P.S. too shall continue to grow in academic strength and reputation, like a well-rooted tree spreading its limbs and leaves upward and outward.

It was then the moment to appreciate and encourage the budding talents and celebrate achievements of the achievers who have stood out and made us proud.





The choir of the school grabbed the attention of the attendees next, through their melodious euphony. The dance mesmerized the viewers and they felt themselves synchronized with the moves of the dancers. The staff members who had served the institute for all these glorious years were felicitated for their dedicated services.

The day took us all through the memory lane reminiscing the beginning of the existence of school together with Director Ma'am and Principal Sir. With gratitude and so much hope in our hearts, we look to the future with a strong resolve grounded on our conviction that the best years for our school are yet to come.





# INDEPENDENCE DAY

Saluting the nation and its freedom fighters, Our school celebrated the 75th anniversary of Indian Independence on Monday, August 15. Themed Azadi ka Amrit Mahotsav, the event commenced by our Director Ma'am Mrs. Saroj Gupta with the flag hoisting ceremony followed by the rendition of the National Anthem. The school celebrated the same with a great patriotic fervour. After which, Krisha Gaba of IV-D gave a wonderful speech about Independence Day. The air was rent with patriotic song 'Aao Hum Sab Gayein Iss Desh ke Tarane' presented by Aamir Sir and the choir group. We are proud to be the part of an independent nation that has freedom of speech, freedom to live life in our own way.

75  
आज़ादी का  
अमृत महोत्सव









# JANMASHTMI CELEBRATIONS

**K**rishna Janmashtami is a festival commemorating the birth of Lord Krishna, one of the most powerful and famous reincarnations of Lord Vishnu.

To seek the blessings of Lord Krishna, the students celebrated Janmashtami with mirth and joy. The students came dressed up as Lord Krishna, Radha, playmates and friends of Krishna's childhood. They were accessorized with colorful bangles, odhnis and peacock crowns to set the Janmashtami mood. The School premises was decorated with balloons, flutes, matkies giving the vibes of festivity. The honourable Director Ma'am on behalf of all the students and teachers performed the Arti of Lord Krishna. Students presented a dance performance RASLEELA and DAHI HANDI which was the highlight of this special assembly.

The teachers instilled the value of self-worth and introspection in the students. The day was a delightful divine journey for the students.









# MANN MEIN RAM BASAA LE

*“India is known as the land of festivals and celebration and Dussehra is one of them which is unique in its perception and significance”*

**F**estivals are the period of celebration and bring peace and joy to everyone. They are an expressive way to celebrate splendid heritage, culture, and tradition. With the devotion of Lord Rama in heart, this auspicious occasion was celebrated in the school with great enthusiasm and fervour. The celebration was started by welcoming the Director Ma'am. Students as well as teachers began to chant the name of Lord Rama felling up the air with faith. The Kindergarten presented Ram Leela beautifully showcasing the chronicles of Lord Rama with great zeal. A musical extravaganza was performed by our toddlers. Students graced the occasion as Lord Rama, Sita, Hanuman, Jatayu, Ravana etc. and they depicted different stages of Ramayana with immense excitement and perfection.





Chaupais were sung at regular intervals further added to the devotional mood of the day. After this, House Coordinator Ms. Kumud Shukla Ma'am lauded the efforts of the students and delivered a stimulating speech over Ramayana, dharma-adharma and the importance of getting rid of the wicked soul present in all of us. It also inspired everyone to follow the path of 'Rama and His Ideology.'

श्रीराम





# SPREADING LIGHTS CELEBRATING DIWALI

*The festival of lights: Symbolic of spreading light amidst darkness*

**O**ur school also celebrated Diwali in its full glory. The celebration started with Shankhnaad to seek the blessings of the Almighty that filled the environment with spirituality followed by the traditional welcome of Laxmiji and Ganeshji. The puja was performed by our revered Director ma'am who worshipped Ganeshji and Laxmiji, respectively, to the melodious tunes of the arti sung by Mr. AmirSir. The puja culminated with the lighting of lamps or diyas to ensure the glory of our school and most importantly, the children.









# CHILDREN'S DAY





# CAREER COUNSELLING

**2** 6th November saw the school gearing up for a very important occasion at Sri Ram Centre, Mandi House, Delhi, i.e., Career Counselling.

The school joined hands with Skill Ivy, a distinguished name in the field of counselling and invited its founder, Ms. Rakhi Softa Sharma to interact with the students of Grade X along with their parents.

Ms. Rakhi holds an expertise in helping the students to understand themselves better to make the right choice in life. During the 3-hour session, she helped the students to understand the key stages to decide a career option and guided the students to reflect upon their likely choices.

She patiently answered all the queries that the students and parents had.

The beaming faces of the students endorsed that it was an enriching session with a lot of reflection and takeaways.





# ANNUAL SPORTS DAY

*“Physical toughness and mental health are both improved by participating in Sports”*

**B**al Bhavan Public Sr. Sec. School organised Annual Sports Day on Dec 23, 2022 at Khel Gaon for Class Toddler-1 to Class 5. Flag was hoisted by Director Mrs. Saroj Gupta and Principal Mr. Deepesh Gupta followed by Torch relay, March Past and Swear-in Ceremony.

Director Ma'am and Principal Sir declared the Sports Meet Open with the release of balloons. The students were very excited about the events and activities carried out throughout the day. The entire sports arena was decorated and it was feeling like festival in Khel Gaon. The parents of all the participants were invited to the event. Opening dance was performed by the students which was mesmerising and 'treat to the eyes'.





The event included different categories like Relay Race, 100m Race, Sack Race, Pattern Race, Hoopla Passing Race, Dragon Race, Obstacle Race etc. Beholding the tiny tots in Caterpillar race was like 'cherry on the cake'.

The winners were awarded with the medals passion efforts and enthusiasm of all the students were at next level. Such events always work as energy boosters and motivate students towards the path of hardwork, hence, success.





# REPUBLIC DAY & BASANT PANCHMI

## *CELEBRATION OF SOVEREIGNTY*

**R**epublic Day was celebrated with tremendous patriotic fervour and gaiety in the school premises. It is a symbol of pride and prestige for all Indians. Awe-inspiring preparations were made for the celebration by students and teachers. The stage was marvelously decorated with flowers & buntings. The day commenced with the welcome of Principal Sir Director Ma'am and they were escorted by our Tiny Army Chief. Flag hoisting of the National Flag was done by Principal Sir and Director Ma'am followed by National Anthem. The poems on Patriotism were sung by the toddlers and 'Ae mere Watan ke Logon' song was sung in Sanskrit by Archisa of class 9 which enthralled everyone by infusing a spirit of Patriotism and Nationalism. An eloquent speech on the significance of Republic Day was delivered by Ekta Ma'am.





As the Basant Panchami was also coinciding with Republic Day, it was also celebrated with full enthusiasm by chanting Saraswati Vandana and holy verses dedicated to Goddess Saraswati, the Goddess of wisdom.

Vidya Aarambh Sanskar ceremony was held where an unlettered student wrote ॐ with help of teachers. The Pooja ended with the aarti. The teachers attired in yellow and sought the blessings of Goddess Saraswati. The festivity culminated with the Prasad distribution.





# FAREWELL

*“The reason it hurts so much to separate is because our souls are connected.”*

**O**n 13th February, we gathered to bid farewell to the group of young students after spending almost 12 years in this school. They have been waiting for many years to go outside and join the world. Finally, the day arrived to break their long wait and leave the school portals to give them a chance to enter a new world.

To seek the blessings of Almighty and to bless the young brigade for their life ahead, a was organized and the environment was filled with the air of tranquility and divinity. This was further mounted with the chanting of spiritual hymns. The righteous food prasad was then served.

The eventful day came to the end as every teacher wholeheartedly blessed the Class 12 students and prayed for their success and prosperity.





# NATIONAL GIRL CHILD DAY

**N**ational Girl Child Day is celebrated every year on 24th January. Started in 2008, purpose of the day is to highlight the hardships women face in the society. National Girl Child day was started in 2008 by The Ministry of Women and Child to bring public attention on issues like lack of proper education among the girl child, lack of nutrition, medical care and numerous such factors. In order to deal with all these major issues, the Government of India came up with Beti Bachao, Beti Padhao scheme.





# CONSTITUTION DAY & RUN FOR UNITY





# SCHOOL STAFF





# OUT GOING CLASS XII STUDENTS' MESSAGE



XII SCI A



XII SCI B



XII COM A

*Little did we know that one day we would not only be a step ahead in reaching our goals but also that we would make lots of trustworthy friends and have so many memories in the campus. No words are enough to show how grateful we are. On one hand, we are happy that we all shall clear all our exams and shall graduate successfully but on the other hand, it just breaks our heart to even think that from tomorrow onwards, neither we'd be able to attend those lectures nor we would be able to spend time with our friends. The character we developed was all possible because of our friends and teachers who supported and helped us whenever required. There are plenty of teachers in this campus who helped us in excelling in our academics and were always there when we needed a suggestion about something.*



# OUT GOING CLASS XII STUDENTS' MESSAGE

*We are always grateful to each one of our friends, all our teachers, and the non-teaching faculties of the campus. We have a small message for our friends and teachers that this is not the end, it cannot be the end of the memories and bonds we have created with each other. We can surely say that life would not be easy from now on and there will be a lot of challenges that would be thrown at us in the future. We want to say that we have hope in everything even when there is complete darkness. One most important lesson we have learned here is that even if there are a lot of difficulties in life and everything seems impossible, it's achievable when you have friends and loved ones with you. So, let us promise not to forget each other and not to deal with the hardships alone.*

— Au Revoir !



XII COM B



XII COM C



XII COM D



# CLASS X CBSE RESULT (2021-22)



**DHRUV POKHRIYAL**  
(97%)



**AVISHI PATAIRYA**  
(96.6%)



**BHARAT AGGRAWAL**  
(96%)



**PRATHAM SHARMA**  
(95.6%)



**MANNAN BAJAJ**  
(95.2%)

## Students scoring 90% & above in aggregate

S.No.	Student Name	%
1.	DHRUV POKHRIYAL	97
2.	AVISHI PATAIRYA	96.6
3.	BHARAT AGGARWAL	96
4.	PRATHAM SHARMA	95.6
5.	MANNAN BAJAJ	95.2
6.	KANGANA YADAV	94.4
7.	MAYANK KUMAR	94.2
8.	DHRUV VARSHNEY	93.6
9.	RAUNAK TIWARY	93.6
10.	KRISH ASWAL	92.8

S.No.	Student Name	%
11.	JIYA JAIN	91.4
12.	LAKSHYA DAWAR	91.4
13.	UBAID-UR- REHMAN	91.2
14.	NEHA MALHOTRA	90.8
15.	ROHAK KUMAR	90.6
16.	NIYATI JAIN	90.6
17.	SAKSHAM JINDAL	90.6
18.	RIDHIMA RAWAT	90.4
19.	DIVYA JOSHI	90.4



# CLASS XII CBSE RESULT (2021-22)



**YASH RAWAT**  
(98.4%)



**AVIRAL JAIN**  
(96.8%)



**HIMANSHI RATURI**  
(94.4%)



**MANSI NEGI**  
(94%)



**SHIVAM TIWARI**  
(94%)



**DHRUV JAIN**  
(93.2%)



**KHUSHI GOLA**  
(93.2%)



**TANISHQ SAGAR**  
(93%)

## Students scoring 90% & above in aggregate

S.No.	Student Name	%
1.	YASH RAWAT	98.4
2.	AVIRAL JAIN	96.8
3.	HIMANSHI RATURI	94.4
4.	MANSI NEGI	94
5.	SHIVAM TIWARI	94
6.	KHUSHI GOLA	93.2
7.	DHRUV JAIN	93.2
8.	TANISHQ SAGAR	93

S.No.	Student Name	%
9.	RAHUL RANJAN	92.6
10.	ZISHAN ANSARI	92.2
11.	AMAN SINGHAL	92.2
12.	YUVRAJ DHINGRA	91.8
13.	YASH KATARIA	91.2
14.	SHIVAM SHARMA	90.8
15.	DOLY CHAUHAN	90.2
16.	AYUSH JAIN	90

**YASH RAWAT** scored 100 marks in "Physics & Chemistry"

**AVIRAL JAIN** scored 100 marks in "Math & Chemistry"



# TEACHER'S CORNER

## ITBP SENTINELS OF THE COUNTRY'S NORTHERN BORDERS

**T**he Indo-Tibetan Border Police Force (ITBP) is the second oldest Central Armed Police Force (CAPF) of India. Raised as one of the various responses towards the Chinese aggression in 1962, the ITBP celebrates its raising day on October 24, 1962. As a CAPF it specialises in high altitude warfare and border guarding duties. The rugged, steep, icy and challenging heights of the Himalayas along the Tibetan borders are but a playground for the brave personnel of the ITBP, who are called Himveers. The Himveers of ITBP have done the nation proud in not only safeguarding the Tibetan border also in other duties that have been entrusted to them by the Government of India. For example, in the field of VIP security, disaster relief, mountaineering, adventure sports, protecting important institutions in India and abroad, terrorist operations, etc. Since past several years a lot of women have also found satisfying career opportunities in ITBP.

The ITBP officers and men undergo challenging training to stand-up against the enemy in icy heights ranging from nine thousand to eighteen thousand feet. To survive under such arduous circumstances requires mountaineering and coordination skills par excellence. ITBP mountaineers have scaled large number of peaks including Mt Everest. There have been several occasions when the national media covered incidents when ITBP brave hearts rescued Indians from disaster situations like earthquakes, floods, accidents, etc. Acts of rescue against the odds that not only saved lives but also inspired citizens.

Out of a sense of national duty and compassion towards fellow citizens, ITBP men have always extended a helping hand towards the villagers in remote areas. In various ways, ITBP Himveers have contributed whole-heartedly towards the progress of our nation and national security in the true spirit of the motto of the Himveers — शौर्य, दृढ़ता, कर्मनिष्ठा.

— DEEPIKA BORKAR, Academic Coordinator





# TEACHER'S CORNER

## KARTAR SINGH SARABHA

**K**artar Singh was born into a Grewal Jatt Sikh family in Sarabha, a village near Ludhiana in Punjab. His father was Mangal Singh Grewal and his mother was Sahib Kaur. He was very young when his father died and his grandfather brought him up. In July 1912, Sarabha reached San Francisco with the intent of pursuing his education at the University of California, Berkley. Whether he was actually educated there remains unclear. However, his experiences in California changed the course of his future.

Sarabha was working in California as a labourer like many other immigrants. It was there that he fully realised the humiliation of coming from a colonised land. Indians in America often came together to discuss their problems and share their sorrows. It was through such associations and exchanges that Sarabha began to get agitated about his colonisers (the Britishers) in India. In 1913, the Ghadar Party was formed in Oregon. It was an organisation of Indians that wanted to restore the dignity of their people by overthrowing the British regime in India through an armed uprising. The headquarters of the organisation was in San Francisco. Sarabha began to take an active part in it. He took the initiative of putting together the Punjabi issue of the Ghadar newspaper, published to spread awareness amongst the Indians there.

In July 1914, when the First World War subsumed Europe, the Ghadarites saw it as an opportunity to attack the British. They now planned to move their base to India to organise the people there. Kartar Singh was one of the Ghadarites who returned to India by the end of 1914.

Many of them were arrested by the British authorities upon their arrival. Undaunted by the setback, Kartar Singh, and others like Rash Behari Bose carried on the task of organising soldiers against the British by filtering



the cantonments in Punjab. However, before the Ghadarites could stage an uprising, the British clamped down on the activists and arrested them. This resulted in the Lahore Conspiracy Case, wherein a series of trials were held in Lahore against those involved in the stalled uprising. Kartar Singh Sarabha was unapologetic in the court and proudly enunciated his duty of mobilising the people against the British. His unflinching patriotism made the judges severely antagonistic. Sarabha, along with his compatriot Vishnu Ganesh Pingle, was executed in the Lahore Central Jail on 16 November 1915.

Kartar Singh Sarabha was only nineteen years old when he was hanged by the British authorities. His bravery, activism, and commitment to the cause of the freedom of the Indians were heroic. He became a source of inspiration and courage for the freedom fighters that came later. This is especially true for Bhagat Singh, who saw an idol in the unflinching Kartar Singh Sarabha.

— **MANPREET KAUR , PGT (Commerce)**



# TEACHER'S CORNER

## AHILYABAI HOLKAR- THE WARRIOR QUEEN

*In latter days from Brahma came,  
To rule our land, a noble dame,  
Kind was her heart and bright her fame,  
Ahilya was her honoured name.*

**A**hilyabai Holkar, Malwa's benevolent, brave queen was an erudite politician and a champion of women's education and empowerment. Ahilyabai Holkar is a feminist figure who devoted her life to defeat patriarchal aggression and establishing women's right at a time when women was confined to the four walls of their houses. She was the hereditary noble queen of the Maratha Empire, who created history by establishing an ideal leadership for her kingdom during her three decades reign over Malwa. During her reign, the reign flourished and reached new heights. Not only was Holkar a prudent ruler, but also a bastion of women empowerment. She is fondly referred to as "Rajmata Ahilyabai Holkar".

Ahilyabai Holkar was born on May 31, 1725 in the village of Chondi near Jamkhed, Ahmenagar, in an ordinary family of Indore. She had been a visionary since her childhood. She was a woman ahead of her time. She was an outspoken supporter of women's rights. She was a well-read and pioneered women's education at a period when it was forbidden. Due to invasions in the 18th century, women in India were unable to learn as they had in the past. She became a role model for all women, inspiring them to reintroduce the concept of female education.

She was also against the inhumane and discriminatory practice of Sati Pratha.



She strived to stop Sati which was largely prevalent in north India. She was an erudite politician who understood the nerve of the Britishers better than the Peshwa himself. She is known for constructing multiple forts and roads in Malwa, as well as for supporting festivals and donating to numerous Hindu temples. Her benevolence was reflected in the construction of hundreds of temples, ghats, rest houses, wells, tanks.

India's history is filled with wonderful instances of women who led the country via their courage, charisma, foresight and most importantly, their strength of character. But, Ahilyabai Holkar, Malwa's benevolent and brave queen, will always stand out among others. She died in 1725 in Rameshwaram.

In memory of this great female ruler, the government of India issued commemorative stamps in 1966.

- PARUL MAHESHWARI, PGT (Economics)



# TEACHER'S CORNER

## PEACE OF MIND TO PACE OF MIND

In present era, people's mind is full of observations and thoughts, some good or some evil but there is lack of peace that makes mind heavy and as a simple fact heavy thoughts cannot have pace. A peaceful mind is the creative mind. It is the best for learning everything properly. It develops the aesthetic sense among the people. So, definitely peace of mind affects the pace of mind. It provides a wide scope for positive thinking that leads life to its appropriate destination. Everybody needs pace of mind but none has peace of mind while both are coinciding terms.



Not only etymologically 'PACE' can be developed from 'PEACE' but practically also.

There are five simple ways to increase Peace of mind to Pace of mind :

- Make the most at what you do control and don't worry about what you don't.
- Don't worry about what others are thinking about you.
- Don't compare yourself with other ,everyone has own unique way of living.
- Apologize for a mistake instead of rehashing it, and then choose to forgive yourself.
- Take five to ten minutes for a simple seated meditation.

- SANCHITA MATHUR, PGT (Commerce)

## दिशाहीन होते विद्यार्थी

चार पाँच वर्ष की आयु वह अवस्था है जब एक बच्चा विद्यालय की यूनीफॉर्म पहनाकर विद्यालय भेजा जाता है। माता- पिता आँखों में ढेरों सपने पाले अपने बच्चे को यह सोचकर भेजते हैं कि हम जो न कर पाए वह मेरा बच्चा अवश्य करेगा। वह पढ़-लिख कर समाज में वह स्थान प्राप्त करेगा जिससे उसका सम्मान हो। प्रयास हर बच्चे का भी यही रहता है कि वह अपने माता-पिता की आशाओं पर खरा उतरे। विद्यालय में अलग- अलग परिवारों तथा परिवेश से बच्चे आते हैं और कब एक बच्चा लीक से उतरकर वह सोचने और करने लग जाता है जो उसे नहीं करना चाहिए।

मोबाइल और टी.वी. की चमचमाती स्क्रीन कब उसके सपनों को पलट कर रख देती है वह जान ही नहीं पाता। हर सिक्के के दो पहलू होते हैं एक सही और एक गलत। समझदार विद्यार्थी अपने विवेक और अपने बड़ों के मार्गदर्शन से सही दिशा का चुनाव करता है वहीं कुछ विद्यार्थी ऐसे भी होते हैं जो दिशाहीन हो जाते हैं।

दिशाहीन होने में सारा दोष केवल विद्यार्थी का नहीं होता 'कुछ दोष अभिभावकों का भी होता है। कई बार वह यह सोचकर कि हमने अपने बच्चे को सारी सुविधाएँ दे दी हैं, भूल जाते हैं या यूँ कहें कि थोड़े लापरवाह हो जाते हैं कि कहीं उनका बच्चा कुछ गलत तो नहीं कर रहा।

अभिभावकों के पास अनुभवों का खजाना होता है जिसे अपने बच्चों के साथ साझा कर वे उन्हें भटकाव से रोक सकते हैं। अतः आप सभी अभिभावकों से कहना चाहूँगी कि अपने बच्चों को **Quality time** दें, उनके अंतर्मन को टटोलें और प्रयास करें उनकी जिज्ञासाओं को शांत करने का। यही बात बच्चों के लिए भी कहना चाहूँगी कि यदि कुछ दुविधा हो, सही गलत का निर्णय न कर पा रहे हों, तो अपनी दुविधा को अपने माता-पिता के साथ साझा अवश्य करें।

विश्वास रखिए उनसे अच्छा मित्र और शुभचिंतक और कोई नहीं हो सकता।

— संगीता गुप्ता, हिंदी विभाग



## 75 YEARS OF INDEPENDENCE

We are free now  
Ask me how  
We were trapped  
Get independence  
After a long struggle

Leave Bharat in 1947  
By Britishers  
We enjoy the freedom of thoughts  
Don't forget how much battles they fought

75 years of equality and justice  
75 years of history and heritage  
Our is a land of sages  
known for bravery for ages

All live here together  
In brotherhood bond  
Help each other  
When there is something wrong

Soldiers fought bravely at borders  
For India and swore  
To die for the country  
And the glory of its core

With Respect Salute them  
Those swore for our safety  
In end want to say  
Happy Independence Day

- Eshani Bansal, X-A

## MY VISION FOR INDIA @100 YEARS

**T**his year India has completed its 75 years of independence which is a very proud moment for us as the citizens of India. But have you ever thought "How India would look like when it will complete its 100 years of independence?" OR "What changes would have taken place in India when it would complete its 100 years of freedom?" If you would like to know my vision for India @ 100 years then I can say that poverty will be clearly removed from India and financially everyone will be strong enough that no one will have to take loan from anyone and there will be no slums in India as well. And also, financially India will 2 times stronger than present. When India will complete its 100 years of freedom its army will be counted in top 3 armies in the world and terrorism will be completely removed from India and the relations of India will become better with those countries that are not good in present times. And if we talk in the terms of technology, I think that India will have 100 times better technology than in present time and most of those technological items, software and theories will be made in India.

I hope that India will be many times better than my vision when it will complete its 100 years of freedom.

**Jai Hind! Jai Bharat!**

- Saksham Chaudhary , X-A



## A JOURNEY OF BEING A SOVEREIGN STATE

It was 20<sup>th</sup> of century,  
 When millions were jailed.  
 Finally on this land of immolation,  
 Unity opined and justice prevailed.  
 They spent their nights in pain,  
 Their hearts were full of indignation  
 They ceded themselves to the mother land,  
 For the autonomy of nation.  
 In these golden 75 years  
 India turned from a broken to a sovereign  
 state.  
 There is a chain of old achievements,  
 But there are many to create.  
 The movement of 1947 is not only  
 A juncture of dismissing of british cage.  
 It was the foundation of new india,  
 The beginning of a new age.  
 Azadi ka Amrit Mahotsav is not an occasion  
 Of one day or few years.  
 It is an commemoration  
 Of past memories and shaded tears.  
 It is a reminder for all of us  
 Of the gone pain and torture.  
 It is the incentive for today's youth,  
 To create a better nation's future.  
 It is the most auspicious moment for all of us,  
 To go through the flashback our glorious  
 history, culture and art.  
 Paying gratitude of the founders of  
 independent India,  
 Let's carve out a New Bharat.

- Devansh Agrawal, VIII-A

## ELIXIR OF UNITY

*"It is blood alone that can pay the price of freedom.  
 Give me blood and I will give you freedom"*  
 by Netaji Subhash Chandra Bose

**A**zadi ka Amrit Mahotsav is a national campaign launched by The Prime Minister of India, Mr. Narendra Modi to celebrate 75 years of independence. It was launched on 12<sup>th</sup> March 2021 which will be celebrated for a span of 75 weeks ending on 15<sup>th</sup> August 2023. The entire country commemorates this festival since no specific faith or caste battled in the freedom struggle, but all of India decided to fight together and won freedom. This campaign talks about the struggle of freedom fighters like Mahatma Gandhi, Rani Lakshmi Bai, Bhagat Singh, Lala Lajpat Rai and shows the role of Subhash Chandra Bose in shaping the path of the movements, struggles and marches. The amount of pain and hardships that they had to endure to achieve their goal. The entire country remains forever indebted to them for their struggle. They are the reason why we can now prosper in a free country. So, it's our responsibility to fulfill the dreams of the freedom fighter by making such India where the poor, farmers, workers, backward classes, adivasis and oppressed have equal opportunities.



We all should salute the sacrifices made by our freedom fighters and soldiers who made the dream of independent India a reality.

- Khizra Fatima, VIII-D



## A VISION

Lights check, Cameras check  
Here comes the protagonist.  
Neither from a train-wreck,  
Nor from dust and ashes

Another race got their identity  
In this global web.  
Another land just outgrew a city  
And took a step off by its tread

Another young visitor  
In the league of ideal governments,  
Another proud traitor  
Of the old times' assurance

A vision did something  
That we would have never thought of.  
A vision that we'll be existing  
Say, A plane like vision took off

Enough of nationalism  
Enough of history  
Let's travel to our present realism  
And unravel the future mystery.

Who would've thought of seeing  
A flag everywhere they go?  
Like a bunch of simple symbols freeing  
The truth of a billion in a row.

A billion players from a single team  
Trying to stay together  
And amplify their scream, At last,  
Non-violence is what they endeavor

You wouldn't wait long till you see  
A young mind who can work like an ox  
Just to fulfill his dreams  
And to get out of a viscous box.

How would you feel  
Seeing people talk about tricolour  
Even if they seem  
To know it was uncivilized once, sir?

"A land which is a friend of all,  
A land in which they value time,  
A land where you can stand tall,  
A land where you're going to be fine"

Wherever you go,  
You'll see "Made in India"  
Traits of the culture everywhere, so,  
Better prepare to thank this land of Asia.

So, get to work  
To make it work,  
Let's be the ones we've never been  
And make the world no one's ever seen.

- Mannan Bajaj, XI Science A



## AZADI KA AMRIT MAHOTSAV 'CAMPAIGN WITH A PURPOSE'

**“Our golden harvest is gem like freedom,  
Mother India bestows on us peaceful harmony and wisdom”.**

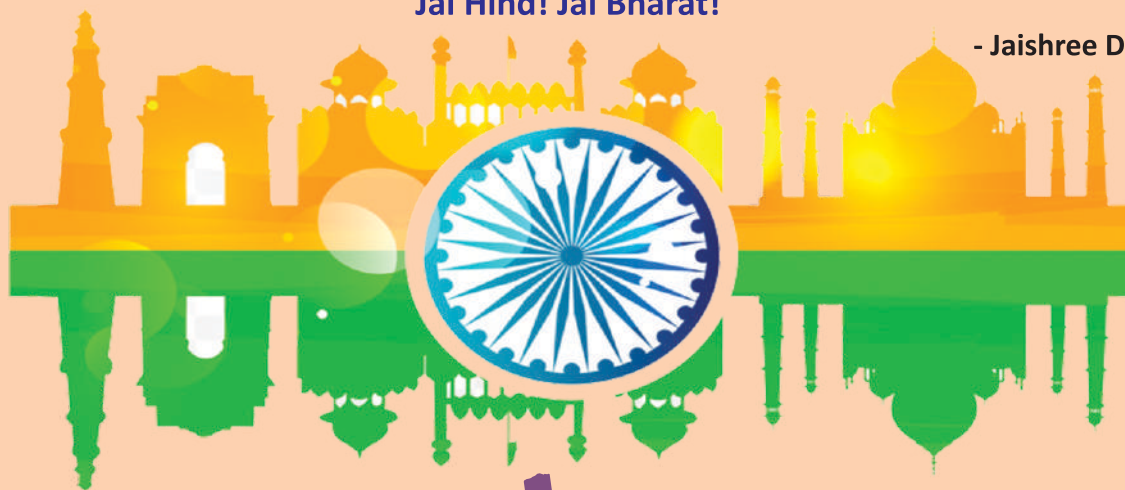
India is a land of unity in diversity. We live here in communal harmony. Recently, India celebrated its 75th independence day on 15th August, 2022. On this occasion a special campaign named 'Azadi Ka Amrit Mahotsav' has been organised by the government of India. On 12th March, 2021, our honourable Prime Minister Mr. Narendra Modi launched this campaign. It will be celebrated for 15 weeks till 15th August, 2023. We notice a great similarity between Modiji and Gandhiji. Many years ago Gandhiji also started 'Salt Law Andolan' or 'Dandi Abhijan' to be independent which Modiji calls it 'Atmanirbhar Bharat' or 'self-reliance'.

The purpose of this campaign is to highlight India's glorious past, sacrifice of the brave soldiers, India's cultural heritage and its progressive present and future development. On this special occasion prime minister addressed the nation from the Red Fort. 'Har Ghar Tiranga' is one of the popular campaigns under 'Azadi Ka Amrit Mahotsav'. Mr. Modi has suggested to all Indian citizens to hoist tricolour at their homes to express the colour of patriotism from 13th to 15th August in 2022. There are varieties of programs related to freedom organized all over the country. People fly kites to fill the blue firmament with colours. People pay tribute to the brave freedom fighters who had sacrificed their lives to snatch independence from the clutches of British. Many martyrs and their contribution are flashed through this programme.

However, the program 'Azadi Ka Amrit Mahotsav' is organized for the people of India to remember our glorious past and our cultural heritage and we must wait for the new horizon when India will reach its pinnacle of progress by its power and potential.

**Jai Hind! Jai Bharat!**

- Jaishree Dey, IX-F





## BRITISH THE ENEMIES OF INDIA

Once, India was a glorious place,  
Whom no one could replace.  
It was famous for its spices,  
Which led to many crises.  
The British came here for trade,  
and wanted to make our India, a place for trade.  
The Britishers took our "Kohinoor",  
which made our India poor.  
Many people tried to raise their voice,  
Which was against Britisher's choice.  
Then, many freedom fighters came,  
Which forced Britishers to stop their game.  
At last, India got independent in 1947,  
And was freed of British oppression.  
No one can dare to attack here,  
As our soldiers are fighting on frontiers.

- Priyanshi Gupta, VIII-B

## INDIA'S PRIDE

They walk with Pride  
On the borders of country  
Having no fear  
Of lives being Sacrificed  
The Tricolor that awakes  
The patriotic feeling  
Belongs to a country  
Of beautiful lakes  
We have that pride  
To be born in air  
Where freedom struggles  
Existed nationwide  
In the land of sages and epics  
Lie our ancient  
Texts and heroics  
Rich in every possible way  
Is our country  
That always slay!

- Raghav Kishore, X-A

## BRITISH INDIA BEFORE INDIA

The term Azadi itself means a lot. Azadi means freedom and today we have freedom of religion, education, life etc. but there was a time when the Britishers dominated the Indian and turned our country from Indian to "British India". Since ancient times, India was often termed as the 'Sone Ki Chidiya' or 'Golden Bird' due to its abundance and diversity of culture and tradition, rich heritage, and breathtaking art and architecture. The Britishers took the advantage of India by selling the materials, spices and other commodities. As they used to buy forcefully in cheap prices and export to England in higher prices through their well known 'English East India Company' initially created in 1600.

These sparks in Indians integration created the situation of do or die for them. Some people accepted this lifestyle but people like Mahatma Gandhi, Bhagat Singh, Subhash Chandra Bose, Jawaharlal Nehru etc were against the British domination but alliances did not work. Some Indians thought about the war and this was the time when the first war of Independence 'The revolt 1857' began. Unfortunately, The Britishers won. The Indians lost the war because of the insufficient weapons, poor strategies and most preciously, lack of unity but they did not lose their hope.

The British also started giving importance to the Indians as this revolt created an immortal effect on the Indian History. This was not the end of the story because the Indians fought more for the Independence and after a lot of hard work, deliberation, tears and sacrifices we got the Independence.

- Himani Sharma, VIII-B



## REFLECTION OF 75TH INDEPENDENCE YEAR ON INDIA

Indians are going to unfurl the tricolour to celebrate the 75th anniversary of India's Independence on 15th of August 2022. Indian freedom struggle has not only shaped India as a modern constitutional democracy but also shaped the nature of state, society and citizenship. The anti-colonial, anti-capitalist, anti-feudal and anti-imperialist struggle were the four pillars of Indian freedom struggle that laid the foundation of a sovereign nation state promised to pursue a society based on socialist, scientific and secular values to ensure egalitarian citizenship rights without any form of discrimination. These inalienable values are central to the unity, integrity, peace, prosperity and progress of India as a multicultural society and secular state. It is time to celebrate these values and promises of Indian independence, a product of struggles and sacrifice of millions of working-class people across the country. India at 75 is still a young nation but old enough for a critical introspection and evaluation of all the achievements, failures and challenges ahead.

- Aditya Yadav, VIII-A



## INDIA THE GOLDEN BIRD

Captured from the high sky,  
sat a golden bird, in a hunter's cage with a beauty  
so wry.

The golden feather of the bird hacked down due to  
battle of Plassey.

Leaving her eyes dead, dull and glassy.

The bird who laid golden eggs and under whose  
feathers everything was golden  
was left to get crushed under the slavery's  
burden.

The hunter hacked down her feathers

Ignoring that beneath the glory of her feather's  
was a unity being gathered.

The golden bird with thousand of kids  
were gathering up to break the hunter's myths  
Reminiscing how her kids begged  
got her mind almost pegged

When the cage of her's broke

The freedom she got was lovingly and tightly  
groped

Knowing about how her feathers had almost shed  
She was ridden to bed

Then one morning came,

The only hope she had was the faith in her little  
brave juveniles

in orange, white and green clads

They restored the feathers of the splendid bird  
Beautifying the wings that had gotten withered

Although the wounds left by the hunter are all so  
visible.

She flew again, spreading her wings

By rejuvenating herself and spreading the  
freedom's drizzle.

- Mehak Sharma, XII Commerce 'B'



## MY VISION FOR INDIA @100 YEARS

It's late hours of midnight, I realized  
The universe needs to be filled with black ink  
to form the most dazzling constellation.

So My beloved today I confess  
You're my priority, nothing comes above you  
You're the one for whom I want to survive, And  
make the dream project soon a reality. This is the  
project that I see with You.

This is the project where I construct a building.  
Building gives the people of your nation  
All those basic amenities, All those needs. Gone  
the days when people of your nation  
Beg for the meal, home and basic amenities. So  
my beloved I again confess  
And I will burn and bleed  
Till the day I am at the prestigious building Sitting  
with the President,  
And making discussions about the change I want  
to seek.

And then in Joy and Pride I wave the flag,  
I wave the flag, With joy and pride.  
With open arms I then would propose you, Telling  
you that you're my priority, Telling you that you're  
my everything Nothing comes above you,  
But for that day just Infuse strength in me Infuse  
passion in me. My beloved I sign off-  
My beloved I love you the most,  
My Country.

- Mayank Kumar, XI Sci.-A

## THE PATH TOWARDS FREEDOM

Let us remember our light  
in those dark days,  
When British made us slave  
for years of decades.

They were Mangal, Bhagat and Baapu of course,  
Fought not for their own,  
But as a nation whole

Some took the path of ahinsa,  
While some considered hinsa.  
But the fire that was raged,  
was all the same.

Many lost their lives,  
but no brave hesitated to do it again.  
As all they wanted was a free India,  
No matter how much pain they gain.

There was no discrimination between  
Men and women,  
Jhansi ki Rani, Sarojini and Usha  
Also knew their aim.

The struggle for independence was infinite,  
Still we forget their contribution  
in this bright light.

So, let us all remember those freedom fighters,  
Who dedicated their lives for mother India's pride,  
Who dedicated their lives for mother India's pride

- NITYA CHANDANI, VIII-D



## आओ जश्न मनाएँ हम

आज़ादी को हुए साल पचहत्तर  
अभी तो ली अंगड़ाई है,  
अभी तो मंजिले और भी हैं,  
अभी तो बाकी कई लड़ाई हैं ।

याद करो उन रण बाँकुरों को,  
जो अपनी जान पर खेल गए ।  
तन-मन को न्योछावर कर,  
काले पानी की जेल गए ।

नई पीढ़ी को यह जानना होगा  
क्या आजादी की कीमत है,  
स्वतंत्रता यूँ ही नहीं मिली,  
लाखों जन की यह हिम्मत है ।

इसलिए,  
भारत भूमि की स्वर्ण पताका,  
हम सब मिलकर लहराएँगे  
शहीदों की पुण्य स्मृति में  
मिलकर दीप जलाएँगे ।  
आज़ादी का अमृत महोत्सव मनाएँगे ।

फिर उठेगा मेरा भारतवर्ष,  
फिर विश्वगुरु का मान होगा,  
फिर बनेंगे हम आत्म निर्भर,  
फिर मुट्टी में आसमान होगा,  
फिर मुट्टी में आसमान होगा ।

— सक्षम कुमार सिंह यादव, VIII A

## देश भक्ति - एक प्रेम

- जीवन में आने के बाद जिस प्रकार एक मनुष्य को माँ के प्रति जो प्रेम का आभास होता है कुछ इस ही प्रकार का प्रेम हमारे वीर शहीद, शहादत को प्राप्त करते वक्त महसूस करते हैं ।
- देशभक्ति को अपने देश के प्रति प्रेम और वफादारी के द्वारा परिभाषित किया जा सकता है । देशभक्ति की भावना लोगों को समानता व एकता का आभास करवाती है ।
- किसी भी व्यक्ति की देश के प्रति अमूल्य प्रेम और भक्ति की भावना को ही देशभक्ति कहते हैं ।
- अंग्रेजों के शासन काल में हमने भारतवासियों में देशभक्ति की भावना को देखा था । ये बिना किसी शर्त के राष्ट्र का सम्मान और समर्थन करता है ।
- मैक्स ओ' रेल के अनुसार — "रसायनज्ञ होने के लिए, आपको रसायन शास्त्र का अध्ययन करना होगा कुछ उसी ही प्रकार देशभक्त होने के लिए देशभक्ति की भावना का अध्ययन करना होगा ।
- भक्ति का अर्थ ही स्वयं को किसी को समर्पित करना होता है ।
- नागरिकों का अपने कर्तव्यों का निस्वार्थ हो कर निर्वहन करना ही देश-भक्ति है ।
- यह इच्छा शक्ति सदैव ही एक नागरिक को देश की उन्नति की ओर कदम बढ़ाने को प्रेरित करती है ।
- देशभक्ति की भावना नागरिक को अपनी मिट्टी के प्रति प्रेम का अनुभव कराती है । यह किसी भी देश से उसके सांस्कृतिक, ऐतिहासिक, सामाजिक और राजनीतिक पहलुओं से जुड़ा होता है ।
- इस भक्ति को तो स्वयं ईश्वर ने अपने 'गीता' ज्ञान में उच्च भक्ति कहा है ।
- यह प्रेम तो जगत में किसी भी प्रेम से बढ़कर है जो एक प्रेमी का उसके जन्म से लेकर उसकी मृत्यु तक साथ देता है ।
- भगत सिंह, चंद्रशेखर आजाद, रानी लक्ष्मी बाई, बाल गंगाधर तिलक और सुखदेव जैसे स्वतंत्रता सेनानी इसी भावना के वशीभूत होकर वीरगति को प्राप्त हो गए ।
- मातृभूमि व माता से प्रेम करना ही तो श्रेष्ठ प्रेम है अर्थात् देश प्रेम है ।
- देशभक्ति गर्व की भावना और हमारे राष्ट्र के मूल्यों का सम्मान करती है ।
- देशभक्ति की भावना लोगों को एक दूसरे के करीब लाती है ।

— संस्कृति पाठक, IX - D



## आज़ादी का अमृत महोत्सव

75 साल हुए आज़ादी को चलो, आज फिर एकता दिखाते हैं। मिलकर आज़ादी का अमृत महोत्सव मनाते हैं। इस वर्ष स्वतंत्रता दिवस की 75 वीं वर्षगांठ को भारत सरकार 'आज़ादी का अमृत महोत्सव' के तौर पर मना रही है। 15 अगस्त 1947 को भारत, ब्रिटिश शासन से स्वतंत्र हुआ था। आज़ादी के 75 साल का ये जश्न 12 मार्च 2021 से शुरू हो चुका है। जो 75 सप्ताह तक चलेगा। 15 अगस्त 2022, 75वें स्वतंत्रता दिवस पर अमृत महोत्सव का समापन होगा। आज़ादी का अमृत महोत्सव अर्थात् 75वीं वर्षगांठ पर मनाया जाने वाला भव्य त्यौहार, किंतु इस आज़ादी का महोत्सव मनाने का सौभाग्य हमें ऐसे ही नहीं प्राप्त हुआ है बल्कि इस आज़ादी के लिए हमें बहुत सी मुसीबतों एवं चुनौतियों का सामना करना पड़ा है। हम सभी लोग जानते हैं कि हमें आज़ादी वीर शहीद जैसे—भगत सिंह, सुभाष चंद्र बोस आदि के बलिदानों से मिली। आज़ादी के बाद भारत में विकास करना बहुत बड़ी चुनौती थी, क्योंकि अंग्रेजी शासन के दौरान भारत की आर्थिक स्थिति बहुत ही खराब हो चुकी थी। भारत पर ब्रिटिशर्स ने 200 साल तक शासन किया और न जाने कितने लोग शहीद हुए एवं अपने प्राण हँसते—हँसते कुर्बान कर दिए तब जाकर 15 अगस्त 1947 को भारत को आज़ादी प्राप्त हुई। अंत में मैं यह कहना चाहता हूँ कि आज़ादी जो हमें इतनी चुनौतियों का सामना करने एवं अपने सारे सुखों को ठोकर मार कर प्राप्त हुई है, हमें उसका सम्मान करना चाहिए।

— यश चौधरी, IX - A

## आज़ादी का अमृत महोत्सव

हमारे भारत की आज़ादी को 75 वर्ष हो चुके हैं, इस सुनहरे काल में भारत में कई बदलाव आए हैं जैसे कि भारत की जनसंख्या में वृद्धि हुई है लेकिन इसके साथ—साथ देश ने कई उपलब्धियाँ भी हासिल की हैं। हमारे संविधान की रचना की गई जो 26 जनवरी 1950 को लागू किया गया। भारत की आज़ादी के समय हम आर्थिक रूप से कमजोर हो गए थे। हमारे सामने अपने देश को आत्मनिर्भर बनाने की एक बहुत बड़ी चुनौती थी इसलिए देश की खेती—बाड़ी को मजबूती देने के लिए हरित क्रांति की शुरुआत हुई। आज भारत का अंतरिक्ष कार्यक्रम दुनिया के चुनिंदा देशों में शामिल है। भारत चंद्रमा और मंगल मिशन को अंजाम दे रहा है। हमारे देश को पूरी तरह विकसित होने में अब ज्यादा समय नहीं रह गया है, यह बहुत ही जल्दी अपना नाम विकसित देशों की श्रेणी में दर्ज करवा लेगा !

— अनन्या सिंदल, VIII - C

## आजादी के अमर शहीद

“चलो फिर से आज वो नजारा याद कर लें,  
शहीदों के दिलों में थी वो ज्वाला याद कर लें,  
जिसमें बहकर आजादी पहुँची थी किनारे,  
देशभक्तों के खून की वो धारा याद कर लें।”

आज से लगभग 200 वर्षों की गुलामी के बाद भारत ने 15 अगस्त, सन् 1947 को अंग्रेजों से अपनी स्वतंत्रता प्राप्त की थी। लेकिन यह आजादी इतनी आसान नहीं थी। आजादी की कीमत के रूप में भारत को एक नहीं, दो नहीं बल्कि लाखों कुर्बानियाँ देनी पड़ी थीं। देश की आजादी के लिए खुदीराम बोस को सेशन जज किंग्सफोर्ड की गाड़ी पर बम फेंकने के कारण फाँसी की सजा दी गई। लाला लाजपत राय की मृत्यु के बाद भारत की आजादी के लिए स्वतंत्रता संग्राम का मोर्चा भगत सिंह, राजगुरु और सुखदेव ने संभाल लिया था। उन्हें अंग्रेजी शासन की हुकूमत के खिलाफ पब्लिक सेप्टी और ट्रेड डिस्ट्रीब्यूटर बिल के विरोध में सेंट्रल असेंबली में बम फेंकने के आरोप में 'इंकलाब जिंदाबाद' का नारा लगाते हुए गिरफ्तार कर लिया गया था। 23 मार्च सन् 1931 को भगत सिंह, सुखदेव और राजगुरु को फाँसी पर चढ़ा दिया गया था। इन वीर शहीदों को याद करते हुए 23 मार्च को 'शहीद दिवस' के रूप में मनाया जाता है।

मदन लाल धींगरा, सुभाष चंद्र बोस, करतार सिंह, हरकिशन, वासुदेव, बलवंत फडके आदि अनेक ऐसे वीर सेनानी हैं जिन्होंने देश की स्वतंत्रता के लिए अपने प्राणों को न्योछावर कर दिया। महात्मा गांधी ने भी आजादी के लिए बहुत कड़ा संघर्ष किया और कई उपवास रखकर, असहयोग व सविनय अवज्ञा आंदोलन चलाकर आजादी के लिए कठिन परिश्रम किया।

पंडित जवाहरलाल नेहरू, सरदार वल्लभभाई पटेल, लाल बहादुर शास्त्री ने भी गांधी जी का कदम से कदम मिलाकर साथ दिया। उन्हें कई बार जेल यातनाएँ भी सहनी पड़ीं और तब जाकर भारत को स्वतंत्रता प्राप्त हुई।

ये दो पंक्तियाँ उन वीर शहीदों को समर्पित हैं जिनके कारण भारत अपना 75वाँ स्वतंत्रता दिवस अमृत महोत्सव के रूप में मना रहा है।

सैकड़ों परिंदे आसमान में आज,  
नजर आने लगे,  
बलिदानियों ने दिखाई है राह,  
इन्हें आजादी से उड़ने की।

जय हिंद जय भारत।

— अविशी पटेरिया, XI - Sci.



## आज़ादी का अमृत महोत्सव

अमृत महोत्सव आज़ादी का  
भरे हृदय में ऊर्जा अभिनव,  
अवसर जो पाए विकास के  
करें उन्हें हर जन ही अनुभव ।

आज़ादी सबको है भाती  
नहीं चाहता कोई बंधन,  
अपनी इच्छा से हर प्राणी  
करना चाहे जीवन— यापन  
हमने भी जब अंग्रेजों से  
पाई थी मिलकर आज़ादी,  
खुली हवा में साँस ले सकी  
तब जा भारत की आबादी ।  
आज़ादी की कीमत भारी हमको  
भी तो पड़ी चुकानी, वीर शहीदों  
ने हँस—हँसकर दे दी थी  
अपनी कुर्बानी ।

फाँसी पर जो चढ़े देशहित  
आओ ! उनको याद करें हम,  
आज़ादी की रक्षा में हम भी  
दिखलाएँ पूरा दमखम ।  
गर्व करें सब भारतवासी  
अब हम अपने भाग्य विधाता,  
जोड़ा है सब भेद भुलाकर  
लोकतंत्र से अपना नाता ।

— शिवांशु संजीव, VIII - E

## भारतीय स्वतंत्रता की ७५वीं वर्षगांठ

आज़ादी का अमृत महोत्सव प्रगतिशील भारत के 75 साल  
और इसके लोगों के गौरवशाली इतिहास, संस्कृति और  
उपलब्धियों को मनाने जैसी कई योजनाओं की मदद में एक  
पहल है। अचीवमेंट @75 आदि जो प्रमुख रूप से इस बात  
पर केंद्रित है कि अब तक क्या हासिल है, इसका महत्व क्या  
है और भारत को ऊँचाइयों पर ले जाने के लिए भविष्य में  
क्या हासिल किया जा सकता है।

यह महोत्सव भारत के उन लोगों को समर्पित हैं जिन्होंने  
भारत को इसकी विकासवादी यात्रा में यहाँ तक लाने में  
महत्वपूर्ण भूमिका निभाई है और वे लोग जो अब प्रधानमंत्री  
मोदी के भारत 2.0 को सक्रिय करने के दृष्टिकोण को प्राप्त  
करने में सक्रिय भूमिका निभा रहे हैं। यह महोत्सव भारत की  
सामाजिक, सांस्कृतिक, राजनीतिक और आर्थिक पहचान  
का प्रतिबिंब है। “आज़ादी का अमृत महोत्सव” की यात्रा  
आधिकारिक तौर पर 12 मार्च 2021 को साबरमती आश्रम से  
शुरू हुई थी जब प्रधानमंत्री श्री नरेंद्र मोदी ने भारत की  
आज़ादी के 75 साल पूरे होने के उपलक्ष्य में 75 सप्ताह तक  
चलने वाले उत्सव को झंडी दिखाकर रवाना किया था और  
इसके साथ ही 75 सप्ताह की उलटी गिनती 75 वें स्थान  
पर आ गई थी। भारतीय स्वतंत्रता दिवस की वर्षगांठ भी  
शुरू हो गई है जो एक साल बाद 15 अगस्त 2023 को  
समाप्त होगी।

हम अब सभी अधिकारों के साथ स्वतंत्र रूप से जीने में  
सक्षम हैं क्योंकि किसी ने इस स्वतंत्रता के लिए एक लंबी  
लड़ाई लड़ी थी और अब हमारा कर्तव्य बनता है कि हम उन  
बलिदानों को समझें और देश के एक समझदार नागरिक  
बनकर और उसमें सक्रिय भूमिका निभाकर उन शहीदों का  
सम्मान करें।

इसी उद्देश्य से इस महोत्सव में देशभक्ति की भावना को पूरे  
कालक्रम में जीवित रखने के लिए कई आयोजन शामिल हैं,  
जो कि स्वतंत्रता सेनानियों के निर्वासन और हर मील के  
पत्थर और राष्ट्रीय दिवस को स्वतंत्रता के 75 वर्षों की याद  
से जोड़ने का प्रदर्शन करते हैं।

हमारे सामूहिक संकल्प, सुविचारित कार्य, योजनाओं और  
दृढ़ प्रयासों से ही भारत को पहले से अधिक शक्तिशाली  
बनाने की सभी निर्धारित योजनाओं को प्राप्त किया जा  
सकता है।

— तृप्ति, IX - C



## कारगिल युद्ध के वीर जवान जिन्होंने बदल दिया लड़ाई का रूख

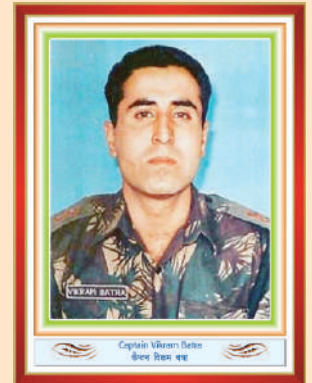
कारगिल युद्ध को 24 साल हो चुके हैं साल 1998 में इस युद्ध की शुरुआत उस समय हुई थी, जब पाकिस्तानी सेना ने जनरल परवेज मुशर्रफ के नेतृत्व में छल से भारत की जमीन हथियाने की कोशिश की थी और उसके बाद भारतीय सेना के वीर जवानों ने शौर्य और बहादुरी का ऐसा इतिहास रचा जिसका लोहा पूरी दुनिया आज भी मानती है। इस युद्ध में पकिस्तान को घुटने टेकने पड़े थे। इसी विजय के उपलक्ष्य में 26 जुलाई को कारगिल विजय दिवस मनाया जाता है। इस युद्ध में हमारे 500 से ज्यादा जवान शहीद हुए थे। और 1300 से ज्यादा जवान घायल हुए थे। चार भारतीय जवानों को इस युद्ध में अदम्य साहस के लिए सेना का सर्वोच्च पदक परमवीर चक्र प्रदान किया गया था। इनमें से दो को मरणोपरांत यह पदक दिया गया था। अपनी जमीन का एक-एक इंच वापस लेने के लिए भारतीय जवानों ने ऐसी बहादुरी दिखाई कि आज भी उनकी कहानी रोंगटे खड़े कर देती है। इन्हीं सूरमाओं के बारे में आज हम बता रहे हैं।



### कैप्टन विक्रम बत्रा

कारगिल युद्ध के दौरान कैप्टन विक्रम बत्रा की बटालियन द्रास युद्ध में थी और कैप्टन बत्रा को प्वाइंट 5140 को फिर से अपने कब्जे में लेने का आदेश मिला। लेकिन ऊँचाई पर बैठे दुश्मन के लगातार हमलों को छकाते हुए बत्रा ने फिर से प्वाइंट 5140 जीत लिया। और उसके बाद उनकी टीम को 17,000 फीट की ऊँचाई पर प्वाइंट 4875 पर कब्जा करने का काम सौंपा गया।

पाकिस्तानी फौज ऊँचाई पर थी और बर्फ से ढकी चट्टानें 80 डिग्री पर तिरछी थीं। चुनौती को देखते हुए रात में कैप्टन बत्रा और उनके सिपाहियों ने चढ़ाई शुरू की। बत्रा जो पहले ही से 5140 की जीत के बाद दुश्मन खेमे में भी शेरशाह के नाम से मशहूर हो गए थे। साथी अफसर अनुज नायर के साथ हमला किया। एक जूनियर की मदद को आगे आने पर दुश्मनों ने उन पर गोलियाँ चलाई, उन्होंने ग्रेनेड फेंककर पाँच को मार गिराया लेकिन एक गोली आकर सीधा उनके सीने में लगी। लेकिन शहीद होने से पहले बत्रा और उनकी टीम ने प्वाइंट 4875 चोटी पर तिरंगा फहरा दिया था। उनकी बहादुरी के लिए उन्हें परमवीर चक्र से सम्मानित किया गया।



### कैप्टन मनोज कुमार पांडे

गोरखा राइफल की पहली बटालियन के कैप्टन मनोज पांडे बटालिक सेक्टर में तैनात थे। जुबार टॉप पर कब्जे के लिए दिखाई गई उनकी बहादुरी आज भी गर्व से सीना चौड़ा कर देती है। वह दुश्मन की गोलीबारी के बीच भी आगे बढ़ते रहे। कंधे और पैर में गोली लगने के बावजूद दुश्मन के पहले बंकर में घुसे, सीधी लड़ाई में दो दुश्मनों को मार गिराया और पहला बंकर नष्ट किया। कैप्टन मनोज अपने घावों की परवाह किए बिना एक बंकर पर कब्जा करने तक बुरी तरह जख्मी हो चुके थे। यहाँ वह शहीद हो गए। कैप्टन पांडे की इस दिलेरी ने अन्य प्लाटून और बटालियन के लिए मजबूत बेस तैयार किया, जिसके बाद ही खालूबार पर कब्जा किया गया। इस अदम्य साहस के लिए उन्हें मरणोपरांत सेना का सर्वोच्च मेडल परमवीर चक्र प्रदान किया गया।



— अखीला बायजू, IX - A



## मेरे आदर्श : कैप्टन विक्रम बत्रा

वीरता पुरस्कार भारतीय सशस्त्र बलों, अधिकारियों और नागरिकों को उनकी निरंतर बहादुरी और बलिदान के लिए सम्मानित करने के लिए दिया जाता है। सशस्त्र बलों के नागरिक अपनी अंतिम सांस तक हमारे देश के लिए निस्वार्थ भाव से काम करते हैं। स्वतंत्रता के बाद भारत सरकार द्वारा सर्वोच्च वीरता पुरस्कार परमवीर चक्र, महावीर चक्र की शुरुआत की गई। हमारे देश को दुश्मनों से बचाने के लिए अपने प्राणों को त्याग देने वाले सैनिकों को इन सभी वीरता पुरस्कारों द्वारा सम्मानित किया जाता है। इस निबंध में मैं यह बताना चाहूँगी कि कैसे इन सैनिकों की वीरता और उनके बलिदान ने मुझे अत्यधिक प्रेरित किया है।

### वीरता पुरस्कार विजेता कैप्टन विक्रम बत्रा मेरे आदर्श

जब भी हम परमवीर चक्र जीतने वाले सैनिकों के बहादुर दिलों के बारे में बात करते हैं तो मेरे दिमाग में सबसे पहले कैप्टन विक्रम बत्रा का नाम आता है। उन्होंने अपनी जान गंवाई जब वे तत्कालीन राष्ट्र की रक्षा के लिए कारगिल युद्ध में निडर होकर लड़ रहे थे। उन्होंने अपने साहस और नेतृत्व कौशल से लड़कर कारगिल युद्ध में विजय दिलाई। वह 15 अगस्त, भारत के 52वें स्वतंत्रता दिवस पर मनाए जाने वाले वर्ष 1999 के परमवीर चक्र पुरस्कार विजेता हैं। उनकी अदम्य भावना, निडरता, मर्यादा और बलिदान ने मुझे बहुत प्रेरित किया है, जिससे जीवन के प्रति मेरा नजरिया बदल चुका है। वह हमेशा किसी भी स्थिति में राष्ट्र की सेवा के लिए तैयार रहते थे जो एक आदर्श सैनिक के रूप में उनकी सच्ची जिम्मेदार प्रवृत्ति को दर्शाता है। उनका मुश्किल समय में दूसरों का साथ देने के मददगार स्वभाव ने मुझे दयालु बनाया है। जीवन और शांति के प्रति उनके सकारात्मक दृष्टिकोण ने मुझे कठिन समय में ध्यान केंद्रित करने की आवश्यकता को समझाया। उन्होंने भारतीय सशस्त्र बलों में एक सैनिक के रूप में सम्मानजनक जीवन जीने के वैध और शक्तिशाली कारणों को दर्शाया है।

मेरे रोल मॉडल विक्रम बत्रा की जीवन यात्रा और सकारात्मक दृष्टिकोण के बाद मेरी आकांक्षा एक महान सैनिक बनने और हमारे देश की सेवा करने की है। जैसा कि मैं हमेशा अपनी मातृभूमि और लोगों के लिए कुछ करना चाहती हूँ, मेरे देश को दुश्मनों से बचाने में यह एक अहम भूमिका होगी। यह मेरे मन को तब संतुष्ट करेगा जब मैं अपने देश के लिए कुछ कर सकूँगी और इसके लिए लोगों को एक उपयोगी भविष्य दे सकूँगी।

मैं स्पष्ट रूप से समझ गई हूँ कि मेरे देश की सीमाओं के पास एक सुरक्षा दीवार की तरह खड़े होने की जिम्मेदारी मेरी होगी। सैनिकों की अनुशासित और सुव्यवस्थित जीवन शैली ने मुझे इतना प्रेरित किया है कि मैंने उसे अपनी दिनचर्या में भी अपना लिया है। सभी सैनिकों को ऐसी कठिनाइयों से प्रशिक्षित किया जाता है कि वे आदर्श रूप से अपना कर्तव्य निभाने के लिए पूरी तरह से जिम्मेदार हो जाते हैं। मैं समझ गई हूँ कि एक फौजी के तौर पर मुझे हर हाल में अपने कर्तव्य पर ध्यान देने की जरूरत है।

कैप्टन विक्रम बत्रा ने हमेशा हर परिस्थिति में पूरी मर्यादा के साथ जीवन जिया जो मेरी प्रेरणा का एक और कारण है। उन्होंने हर समय एक सैनिक की सभी जिम्मेदारियों को निभाने के अलावा एक महान मित्र और नेता की भूमिका निभाई। जब अपने देश के लिए लड़ने की बारी आई तो उन्होंने दूसरी बार भी नहीं सोचा था। अतः कुल मिलाकर उनके साहसी स्वभाव, सकारात्मक दृष्टिकोण और बलिदान ने मुझे अन्य सभी विकल्पों को पीछे छोड़कर सैनिक के करियर को चुनने के लिए हमेशा बहुत प्रेरित किया है। मैं कहना चाहूँगी कि मेरे मन में उन सभी सेना के जवानों के लिए हमेशा बहुत सम्मान है, जिन्होंने राष्ट्र की रक्षा और इसके लिए लड़ने के उद्देश्य से सैनिकों के जीवन को चुना है।

जो लोग सैनिकों के जीवन का चयन करते हैं, वे मर्यादा, सम्मान बलिदान और अपरिहार्य कर्तव्य से भरे जीवन से परिचित होते हैं। देश का एक आदर्श सैनिक बनने के लिए आगे बढ़ते समय इन कारणों को हमेशा ध्यान में रखना चाहिए। इसलिए, एक सैनिक के रूप में यह भी मेरी जिम्मेदारी है कि मैं अपने देश की रक्षा करूँ और उस सर्वोच्च शक्ति तक पहुँच सकूँ जहाँ कोई दुश्मन परेशान करने के विषय में सोच भी नहीं सकता। मैं कैप्टन विक्रम बत्रा के दर्शन का पालन करूँगी। इसलिए मैं भविष्य में राष्ट्र के लिए अपना जीवन समर्पित करने और देश के लोगों के लिए निस्वार्थ भाव से काम करने के लिए भारतीय सशस्त्र बलों में शामिल होना चाहती हूँ।

— पलक चिंदा, X - E



## आज़ादी का अमृत महोत्सव

एक बार फिर आज़ादी का अमृत महोत्सव मनाते हैं ।  
आज़ादी के मतवालों की याद दिल में लाते हैं ।  
जिन्होंने अपनी जान देकर हमारी जान बचाई थी,  
उन मतवालों की कुरबानी में बहुत रूलाई थी ।  
एक बार फिर आज़ादी का अमृत महोत्सव मनाते हैं ।  
आज़ादी के मतवालों की याद दिल में लाते हैं ।  
बचपन से आज़ादी के मतवालों के बारे में हमें पढ़ाया है ।  
आज उनकी तरह कुछ कर दिखलाने का समय आया है ।  
एक बार फिर आज़ादी का अमृत महोत्सव मनाते हैं ।  
आज़ादी के मतवालों की याद दिल में लाते हैं ।  
75 वर्ष का भारत और स्वतंत्र हो जाएगा,  
जब भारत का हर एक युवक मिल कर हाथ बढ़ाएगा ।  
एक बार फिर आज़ादी का अमृत महोत्सव मनाते हैं ।  
आज़ादी के मतवालों की याद दिल में लाते हैं ।

— आरुषी यादव, IX - C

## स्वतंत्रता के बाद का भारत

“बहुत साल पहले हमने नियति के साथ एक कोशिश की थी, और अब समय आ गया है कि हम अपनी प्रतिज्ञा को पूरी तरह से या पूरी तरह से नहीं, बल्कि बहुत हद तक पूरा करें । आधी रात के समय, जब दुनिया सोती है, भारत जीवन और स्वतंत्रता के लिए जाग जाएगा ।”

75 साल पहले हमारे पहले प्रधानमंत्री, पं. जवाहरलाल नेहरू जी ने औपनिवेशिक बंधनों से मुक्त एक विकसित, सुंदर और मजबूत राष्ट्र का सपना हमारे सामने रखा था, और यह कहना गलत नहीं होगा कि उनका सपना आज साकार हो चुका है ।

आज भारत न केवल गरीबी के अभिशाप से लड़ पाया है, बल्कि दुनिया की सबसे तेजी से बढ़ती अर्थव्यवस्थाओं में से एक है । अहिंसा, भाईचारा और सहयोग जैसे आदर्श अब दुनिया भर के नागरिकों के लिए प्रेरणा का एक स्रोत हैं । वही राष्ट्र जिसे कभी बाकी दुनिया ने असफल माना था, वह आज मजबूत खड़ा है ।

अतः आज जब हम 'आज़ादी का अमृत महोत्सव' मना रहे हैं, तो हम वास्तव में कह सकते हैं कि हमने एक देश के रूप में, एक साथ, कुछ हासिल किया है ।

— प्रथम शर्मा, XI Sci. A

## वीर गाथा

भारत को वीरों का देश कहा जाता है । यहाँ पर भगत सिंह, रानी लक्ष्मीबाई, महाराणा प्रताप जैसे बहुत से वीर हुए हैं ।

भारत देश पर जब-जब विपत्ति का समय आया है । भारत देश को तब- तब वीरों के द्वारा उस विपत्ति से बाहर निकालने में अपना महत्वपूर्ण योगदान दिया । ऐसा क्यों होता है कि वीरों की तुलना बरसने वाले बादलों से और कायरों की तुलना गरजने वाले बादल से की जाती है ? ऐसा इसलिए होता है क्योंकि वीर बरसने वाले बादल होते हैं जो मूसलाधार वर्षा करते हैं अर्थात् सभी का कल्याण करते हैं और कायर करते कुछ नहीं सिर्फ भाषण देते हैं अर्थात् गरजते हैं । मैं ऐसी ही एक वीर 'रानी लक्ष्मीबाई' से प्रेरित हूँ । रानी लक्ष्मीबाई का वास्तविक नाम जन्म - मणिकर्णिका तांबे, 19 नवंबर 1828 वाराणसी भारत में हुआ था । इनके पिता का नाम मोरोपंत तांबे और माता का नाम भागीरथी सप्रे था ।

इनके पति का नाम नरेश महाराज गंगाधर राव नायलयर और बच्चे का नाम दामोदर राव और आनंद राव था । झांसी की रानी लक्ष्मीबाई थी । वे भारत के पहले स्वतंत्रता संग्राम के समय की बहादुर वीरांगना थी । उन्होंने आखिरी दम तक अंग्रेजों के साथ लड़ाई की थी । इनकी वीरता की कहानियाँ आज भी प्रचलित हैं । मरने के बाद भी झांसी की रानी अंग्रेजों के हाथ में नहीं आई थी । रानी लक्ष्मीबाई अपनी मातृभूमि के लिए जान न्योछावर करने तक तैयार थी । मैं अपनी झांसी नहीं दूँगी 'इनका यह वाक्य बचपन से लेकर अभी तक हमारे साथ है । अंग्रेजी हुकूमत से संघर्ष के लिए रानी लक्ष्मीबाई ने एक स्वयंसेवक सेना का गठन प्रारम्भ किया । इस सेना में महिलाओं की भी भर्ती की गयी और उन्हें युद्ध का प्रशिक्षण दिया गया । झांसी की आम जनता ने भी इस संग्राम में रानी का साथ दिया । लक्ष्मीबाई की हमशकल झलकारी बाई को सेना में प्रमुख स्थान दिया गया । सन 1858 के जनवरी महीने में अंग्रेजी सेना ने झांसी की ओर बढ़ना शुरू कर दिया और मार्च में शहर को घेर लिया । लगभग दो हफ्तों के संघर्ष के बाद अंग्रेजों ने शहर पर कब्जा कर लिया पर रानी लक्ष्मीबाई अपने पुत्र दामोदर राव के साथ अंग्रेजी सेना से बच कर कालपी पहुँची और तात्या टोपे से मिलीं ।

तात्या टोपे और लक्ष्मीबाई की संयुक्त सेना ने ग्वालियर के विद्रोही सैनिकों की मदद से ग्वालियर के एक किले पर कब्जा कर लिया । रानी लक्ष्मीबाई ने जी- जान से अंग्रेजी सेना का मुकाबला किया परंतु 17 जून 1858 को ग्वालियर के पास कोटा की सराय में ब्रिटिश सेना से लड़ते-लड़ते वह वीरगति को प्राप्त हो गयीं । रानी लक्ष्मीबाई का साहस, निडरता, आत्मनिर्भरता और सहनशीलता ही मुझे प्रभावित और प्रेरित करती है ।

बुंदेले हरबोलों के मुँह हमने सुनी कहानी थी,  
खूब लड़ी मर्दानी वो तो झाँसी वाली रानी थी ।

— खुशी यादव, IX - C



## ध्येयबद्धता

“देहं वा पातयेयं, ध्येयं वा साधयेयम्” । ,

विद्यार्थिनः स्वीयं जीवनं सार्थकं कर्तुम् जीवने उदात्तं महत्तरं च किञ्चन लक्ष्यं स्वीकरणीयम् । यथा गोमुखे जाता गंगा सागरं प्राप्तुं कृतसंकल्पा प्रतिबद्धा च अस्ति तथा अस्माकं जीवनध्येयबद्धता भवतु ।

ध्येयबद्धता अस्मान् पतनात् रक्षति । महत् साधयितुं प्रेरयति । उत्कर्षं प्रति नयति परिपूर्णतायाः दिशि नयति । लक्ष्यपूर्त्यर्थम् वयम् अधिकं चिन्तयिष्यामः सदा कार्यमग्नाः सन् उत्तमम् एव चिन्तयन् भवामः तस्मात् अस्मासु शक्तिवर्धकाः भावाः संचरन्ति, शक्तिह्रासकाः भावाः विनष्टाः भवन्ति ।

विद्यार्थिनः स्वस्येषु ध्येयबद्धतां वर्धयितुं उपायाः सन्ति

1) प्रतिदिनं ध्येयस्मरणं 2) कार्यकेन्द्रितं चिन्तनं च ।  
विद्यार्थिनः जीवने ध्येयबद्धतायाः कारणेन कार्यसातत्यं भवति, कार्यसातत्यस्य कारणेन ध्येयबद्धता वर्धते च । यतोहि अस्माकं जीवनरूपी अनन्तसागरे लक्ष्यनामकः सुखदः लघुः तरंगः आगत्य अस्माकं जीवनरूपी सागरस्य शोभा सम्वर्धयति ।

— दीपा अग्रवाल, संस्कृत विभाग

## मम मातृभूमये

प्रकृतिः माता सर्वेषाम्  
सर्वेषाम् सर्वेषाम्  
बहूनाम् अपि फलानाम्  
बहूनाम् अस्ति वृक्षाणाम्  
पुष्पाणाम् चापि मातेयम् ।  
भ्रमराणाम् पशूनाम्  
पक्षिणाम् च मातास्ति

जनेभ्यः जीवनम् सदा  
ददाति प्रकृतिः माता ।।  
अस्ति सा तु मनोहरी  
जननीनाम् अपि मातास्ति  
प्रकृतिः माता सर्वेषाम्  
नमोऽस्तु मात्रे प्रकृत्यै ।

— हर्ष राजन, X - E

## वेदाः

‘ विद् ज्ञाने ’ इति ज्ञानार्थकाद् विद्धातोर्घञि प्रत्यये ते वेद इति रूपं निष्पद्यते । एवं वेदशब्दो ज्ञानार्थकः । ज्ञानराशिर्वेदः इति वक्तुं शक्यते ।

### ऋग्वेदः

- ऋचां समूहः एव ऋग्वेदः अस्ति ।
- ऋग्वेदस्य पंच मुख्याः शाखा सन्ति ।
- शाकल, वाष्कल, आस्वलायन, सांख्यायन, माण्डुक्यायन
- ऋग्वेदः सूक्तः मण्डलं च भेदने द्विधा विभज्यते । ऋक् इत्यस्य परिभाषा — ‘ ऋच्यते स्तूयतेऽ नया इति ऋक् ’ मन्त्राः — 10,580, ऋत्त्विक — होता आचार्यः— पैल देवता अग्निः

### यजुर्वेदः

यजुर्वेद सर्वविधयागयज्ञादिनां वर्णनं विद्यते ।

यजुर्वेदः कृष्ण-शुक्लभेदेन द्विधा ।

यजुः इत्यस्य परिभाषा — अनियताक्षरावसानो यजुः ।

शाखा — 85 मन्त्राः — 29,625, ऋत्त्विक — अध्वर्यु, आचार्यः— वैशंपायन देवता — वायुः

### सामवेदः

- गीतायाम् श्रीकृष्णः उक्तम् — ‘वेदानां सामवेदोऽस्मि’ ।
- शाखा — 1000 उपलब्धा, — शाखा— तिस्रः
- सामवेदस्य अभिप्रायमस्ति गानपूर्वकं उपासनम् ।
- मन्त्राः— 1875, ऋत्त्विक — उद्गाता
- आचार्यः— जैमिनी, देवता — सूर्यः

### अथर्ववेदः

- अभिचार क्रियायाः प्रधानता
- मन्त्राः —5987, ऋत्त्विक — ब्रह्मा, आचार्यः — सुमन्तु , देवता — सोम
- शाखा — 9
- अथर्ववेदस्य मुख्यः विषयः — प्रायश्चित्तः ।

— उदमवी पाठक, IX - F



## “नमन”

मे जनगण राष्ट्र निवासिनः !!  
महतां कुरुत जयघोषम्  
शुभदिवसोऽयम् सर्वेषाम्  
चारन्तु त्रिवर्णं तुल्यम् !!!  
मा विस्मरत सीमान्ते !!!!  
वीरैः परित्यक्ताः प्राणाः !  
संस्मरणं कुरुत तेषाम्!!!  
ये गृहम् न पुनरायातः !!

मे जनगणराष्ट्रनिवासिनः !!!  
कुरुताश्रूलोचने भरिते!!  
गतिवीरां प्राप्ताः वीराः !!  
स्मरत तत् बलिदानम् !!  
मा विस्मरत तानेवं  
तत् हेतुः वदेयं गाथा !!  
गतिवीरां प्राप्ताः वीराः !!  
स्मरत तत् बलिदानम् !!  
हिमराजो यदासीत रंजित  
संकटमयासिनिजिता !!  
प्राणान्तम् ये युयुधिरे  
दिवंगताः निजवपूषा !!

भूसंगीने धृतभालाः  
सुप्ताः ते मर्त्यत्यागिनः  
गतिवीरां प्राप्ताः वीराः !!  
स्मरत तत् बलिदानम् !!  
दीपावलीमये देशे !!!  
तैः मतं होलीपर्व !!  
वयं आस्म स्वीयेगृहे  
ते तिक्ष्यन्ते गुलिकाश्च !!!  
हे धन्य युवानोऽस्माकं !!  
हे धन्यावस्था तेषाम् !!  
गतिवीरां प्राप्ताः वीराः !!  
स्मरत तत् बलिदानम् !!  
केचित् सिखजात मराठिनः  
कोहि गोरखा मद्रास !!  
सीमाने हताः सुवीराः  
सर्वो हि भारतवासी !!

यो रक्त पपात् सुशैले !!  
रक्तस्तत् हिंदुस्तानी !!  
गतिवीरां प्राप्ताः वीराः  
स्मरत् तत् बलिदानम् !!  
मा विस्मरत तानेवं  
तत् हेतुः वदेयं गाथा  
गतिवीरां प्राप्ताः वीराः  
स्मरत तत् बलिदानम् !!

जय हिंद !! जय हिन्दोः सुसेना !!!  
जय हिन्द !! जय हिन्द !! जय हिन्द !!

— अर्चिसा कर, IX - F

## शिक्षकः

किम् अस्ति तत् पदम्  
यः लभते इह सम्मानम्  
किम् अस्ति तत् पदम्  
यः करोति देशानाम् निर्माणम्  
किम् अस्ति तत् पदम्  
यम् कुर्वन्ति सर्वे प्रणामम्  
किम् अस्ति तत् पदम्  
यस्य छायायाः प्राप्तम् ज्ञानम्  
किम् अस्ति तत् पदम्  
यः रचयति चरित्र – जनानाम्  
'गुरु' अस्ति अस्य पदस्य नाम  
सर्वेषाम् गुरुणाम् मम शतं शतं प्रणामाः ।।

— निहारिका खुलबे, X - F

## भारते मम गर्वः

वन्दे ध्वजं त्रिवर्णं सर्वत्रम् ।

- गायन्ति देवाः किल गीतकानि धन्यास्तु ते  
भारतभूमिभागे ।  
स्वर्गापवर्गास्पदमार्गभूते भवन्ति भूयः पुरुषाः सुरत्वात्  
अर्थः — देवगण भी यह गान करते हैं जिन्होंने  
भारतवर्ष में जन्म लिया जो कि स्वर्ग और मोक्ष का  
मार्ग है, वे पुरुष हम देवताओं से भी धन्य हैं ।
- रत्नाकरधौतपदां हिमालयकिरीटिनीम् ।  
ब्रह्माराजर्षिरत्नाढ्याम् वन्देभारतमातरम् ।।  
अर्थः — जिनके पैर समुद्र द्वारा धोए जाते हैं और जो  
हिमालय से सुशोभित हैं, वह, जो कोई ब्रह्मर्षियों और  
राजर्षियों से भरा है ।  
ऐसी मेरी भारत माता को अभिवन्दन
- अत्र जन्म सहस्राणां सहस्रैरपि सत्तम ।  
कदाचिल्लभते जन्तुर्मानुष्यं पुण्यसञ्चयात् ।।  
अर्थः — हजारों जन्म के हजारों पुण्यकर्मों के संचय से  
यहाँ भारत भूमि पर मनुष्य जन्म प्राप्त होता है ।

— अरहम बेगानी, IX - F



# ZONAL COMPETITIONS (2022-23)

## Sr. PAINTING COMPETITION

IInd Position



ANIRUDH SHARMA  
(XII SCI.-B)

## Sr. HINDI DEBATE

IIIrd Position



AWISHI PATAIRIA  
(XI - SCI.)



SHUBHANGI VATS  
(X - B)

## Sr. POSTER COMPETITION

IInd Prize



HARSH  
(X - D)

## Jr. POSTER COMPETITION

IIIrd Prize



SHIVI  
(VIII - A)

## Jr. HINDI POEM RECITATION

IIIrd Position



TANAY GUPTA  
(VII - D)

## Jr. HINDI ESSAY WRITING

IInd Position



DEVANSH AGARWAL  
(VIII - A)

## Sr. HINDI POEM RECITATION

Ist Position



PRATHAM SHARMA  
(XI SCI.)

## Sr. HINDI ESSAY WRITING

Ist Position



PRINCE AGGARWAL  
(IX - A)

## Jr. HINDI EXTEMPORE

IIIrd Position



TANAY GUPTA  
(VII - D)



# ZONAL COMPETITIONS (2022-23)

Sr. ENGLISH POEM RECITATION      Jr. ENGLISH EXTEMPORE

**IInd Position**



KUSH GURAV  
(XII SCI. - A)

**Ist Position**



ABHIJEET SINGH  
(VIII - C)

Jr. ENGLISH DEBATE  
**Ist Position**



DEVANSH AGARWAL  
(VIII - A)



SAKSHAM KUMAR SINGH  
(VIII - A)

**SR. ENGLISH DEBATE**

**IInd Position**



NIHANTRI  
(XII - SCI. - A)



MAHEK MITTAL  
(XII - SCI. - B)

**IIIrd Position**  
Sr.



ABHINAV BUTTAN  
(X - D)

**Ist Position**

Jr.



AKSHARA SINGH  
(VIII - D)

**Jr. ENGLISH DEBATE**

**Ist Position**



HIMANI SHARMA  
(VIII - B)



NITYA CHANDANI  
(VIII - D)

**Jr. ENGLISH SLOGAN WRITING**

**IInd Position**



AKSH JAIN  
(VIII - A)

**Sr. SANSKRIT RECITATION**

**IIIrd Position**



ARCHISA KAR  
(IX - F)



# ZONAL COMPETITIONS (2022-23)

## BASKETBALL (Sub-Jr. GIRLS)

IIIrd Position



MANAVYA  
(VII - B)



TANVI CHAUHAN  
(VIII - B)



AGRIMA  
(VIII - E)



GAURI GUPTA  
(VIII - E)



TANVI JAIN  
(IX - C)



SNEHA DAS  
(VIII - C)



SAKSHI  
(VIII - C)



YASHIKA KAPOOR  
(VIII - C)



DIKSHA GOLA  
(IX - C)



VANSHIKA  
(IX - D)

## BASKETBALL (Jr. BOYS)

IIIrd Position



SHIVAANSH  
(X - B)



LOVYA  
(X - D)



AARAV  
(IX - C)



SAKSHAM  
(X - A)



TENZIN  
(XII - SCI.)



ABHINAV  
(X - D)



UJJWAL  
(X - D)



ANIRUDH  
(IX - C)



VAGISH  
(X - B)



ASHWIN  
(X - B)



# ZONAL COMPETITIONS (2022-23)

## THROWBALL (Sub-Jr. BOYS)

Ist Position



ADITYA YADAV  
(VIII - A)



ANSH SHARMA  
(VIII - A)



SAKSHAM SINGH  
(VIII - A)



DEVANSH AGARWAL  
(VIII - A)



VANSHAM RAI  
(VIII - C)



PRINCE  
(VIII - B)



SITANSHU  
(VIII - B)



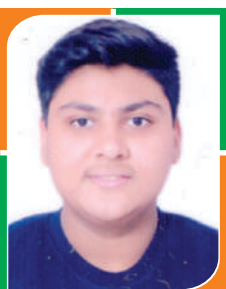
HARSH RAJ  
(VII - C)



PURVANSH  
(VII - A)



AYUSH  
(VIII - C)



AYANSH RASTOGI  
(VIII - A)



NAVNEET RATHI  
(VIII - B)

## THROWBALL (Jr. BOYS)

IIIrd Position



PRIYANSHU  
(X - C)



KRISH NAGPAL  
(X - E)



CHARCHIT SHARMA  
(X)



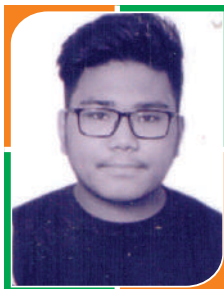
MADHAV  
(IX)



LOVYA  
(X)



SHUBHAM  
(XI)



TENZIN  
(XII)



VAGISH  
(X - B)



HARSH SHUKLA  
(IX - F)



SHIVANSH  
(X)



ARHAM  
(IX)



ATHRV  
(X - B)

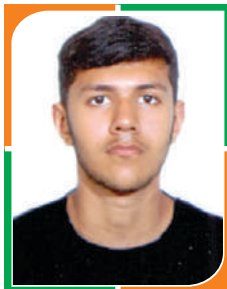


# ZONAL COMPETITIONS (2022-23)

## THROWBALL (Sr. BOYS) IIIrd Position



MOHD. ADNAN  
(XII - COM.D)



RDHAN  
(XII - COM.D)



SARTHAK  
(XII - COM.D)



THUSHAR SHARMA  
(XII - COM.C)



LAKSHAY  
(XII - COM.D)



ANSHUMAN  
(XII - SCI.)



VANSH BANSAL  
(XII - COM.D)



SHIVAM  
(XI - COM.B)



ABHINANDAN  
(X - E)



DEV DARAL  
(IX - F)

## VOLLEYBALL (Sr. BOYS) IInd Position



ROHAN NAGPAL  
(XII - COM.D)



LAKSHAY  
(XII - COM.D)



MOHD. ADNAN  
(XII - COM.D)



SARTHAK  
(XII - COM.D)



VANSH BANSAL  
(XII - COM.D)



THUSHAR SHARMA  
(XII - COM.C)



ANSHUMAN  
(XII - SCI.)



TANISHQ KUMAR  
(XI - COM.C)



# ZONAL COMPETITIONS (2022-23)

KHO-KHO (Sub-Jr. BOYS)

IIrd Position



ANSH MAHADE  
(VI)



NIKSHIT  
(VI)



VAIBHA KUMAR  
(VI)



ABHINAV  
(VI)



ADITYA  
(VI)



ZAID  
(VI)



PREM  
(VI)



HANZLA  
(VI)



ADITYA  
(VI)



GOPAL  
(VI)



AMAN  
(VI)



ATHARV GAUTAM  
(VIII)

KHO-KHO (Sub-Jr. BOYS)

IIIrd Position



PUSHKAR  
(X)



MAYANK  
(IX)



VANSH  
(X)



ANKIT  
(IX)



ASAAL  
(X)



AZHAR  
(IX)



PYUSH  
(IX)



VAIBHAV  
(IX)



SHIV CHARI  
(IX)



YUSUF  
(VIII)



AMANULLAH  
(VIII)



# ZONAL COMPETITIONS (2022-23)

## YOGA (Jr. GIRLS / BOYS)

IIIrd Position



AKSHITA PRAJAPATI  
(X)

Ist Position



AARUSH SINGHAL  
(X)

## RHYTHMIC YOGA (Sub-Jr. BOYS)

IIIrd Position



AYUSH KR. ARYA  
(VIII)

## RHYTHMIC YOGA (Sub-Jr. GIRLS / Jr. GIRLS)

IIInd Position



PRAGYA RATHORE  
(VII)

IIInd Position



EKTA SINDHWAL  
(X)

## RHYTHMIC YOGA (Jr. BOYS)

IIIrd Position



AARUSH SINGHAL  
(X)

## ARTISTIC YOGA (Sub-Jr. GIRLS / Jr. GIRLS)

Ist Position



GARGI KHANDAL  
(VIII)

Ist Position



AKSHITA PRAJAPATI  
(X)

## RHYTHMIC YOGA (Sr. BOYS)

IIIrd Position



AKSHIT AJMANI  
(XII - COM.)



# ZONAL COMPETITIONS (2022-23)

## YOGA (Sub-Jr. BOYS) IInd Position



GAURANG  
(VI)



NAKUL  
(VI)



AYUSH  
(VIII)



LAKSH  
(VI)



NAKSHTRA  
(VI)



RANBIR  
(VII)



ABHINAVA  
(VI)



DEEPENDER  
(VI)



ANURAG  
(VI)



AARADHEY  
(VI)



RACHIT  
(VIII)



VATSAL  
(VI)



SATYAM  
(VII)



ARNAV  
(VI)



RUPAM DAS  
(VI)



SHOURYA  
(VI)

## BADMINTON (Sr. GIRLS) IIIrd Position (Bronze Medal)



VIDHI DUDEJA  
(XII - COM.C)



RETISHA HALDER  
(XII - SCI.A)



IPSHITA MAITY  
(XI - COM.A)



ANANYA KANOJIA  
(X - C)



# ZONAL COMPETITIONS (2022-23)

## CH<sup>ESS</sup> (Sub-Jr. GIRLS)

Ist Position



VIDHI NEGI  
(IX - E)



SHREYA DIXIT  
(VII - D)

## CH<sup>ESS</sup> (Jr. GIRLS)

IIInd Position



ESHANI BANSAL  
(X)



KANUPRIYA GUPTA  
(X)

## CH<sup>ESS</sup> (Sub-Jr. BOYS)

IIIrd Position



PRAGYAN ORAON  
(VIII)



ZAID  
(VIII)

## FOLK SONG (BOYS)

IIIrd Position



ASHWINDER SINGH  
(VII)



PRATYUSH PATHAK  
(VII)



AKSHANSH GUPTA  
(VIII)



SHIVAM VERMA  
(VIII)



VATSAL VERMA  
(VII)



YOJIT KASHYAP  
(VIII)



DAKSH  
(VII)



HANU SHARMA  
(VII)



RISHABH SINGH  
(VII)



# ZONAL COMPETITIONS (2022-23)

## FOLK DANCE (BOYS) IIIrd Position



HARSH VERMA  
(XII)



AKSHAT AGGARWAL  
(VIII)



AYANSH RASTOGI  
(VIII)



MOHD. YUNUS  
(VIII)



MOHD. ARHAAN  
(VIII)



VANSH GOLA  
(VIII)



CHIRAG SINGH  
(VIII)



KARTIK  
(VIII)



KANISHAK SEXENA  
(VIII)



PRATYUSH  
(VIII)

## FOLK DANCE (GIRLS) IIIrd Position



MANSI SINGH  
(X)



AISHWARYA SHAH  
(X)



HIMANYA SHARMA  
(XII)



KESAR TYAGI  
(XII)



ANSHIKA RAWAT  
(X)



PRIYANKA SINGH  
(IX)



MANYA SHARMA  
(X)



GARGI SANDHWAR  
(IX)



YUVIKA SINGH  
(VII)



NIKUNJ SINGH  
(VIII)



JASMEEN KAUR  
(VII)



JAISHREE DEY  
(IX)



# ZONAL COMPETITIONS (2022-23)

## PATRIOTIC SONG (BOYS)

IIIrd Position



RISHIT GOLA  
(VIII)



HANU SHARMA  
(VII)



YOJIT KASHYAP  
(VIII)



VATSAL VERMA  
(VII)



UDIT GUPTA  
(VIII)



HARJEET SINGH  
(VIII)



SHIVAM VERMA  
(VIII)



DAKSH  
(VII)



TANMAY TIWARI  
(VIII)



SHEVANSH BHUSHAN  
(VII)



AKSHANSH GUPTA  
(VIII)



AZHAN ALI  
(VIII)

## PATRIOTIC SONG (BOYS)



PRATUSH PATHAK  
(VII)

## COLLAGE COMPETITION

IIIrd Position



PARAG GOLA  
(VII - E)



YOWAL SHARMA  
(VII - E)

## INSTRUMENTAL

Ist Prize



YASHASV MISHRA  
(IX)



# DISTRICT COMPETITIONS (2022-23)

## INSTRUMENTAL

**IIInd Prize**



YASHASVI MISHRA  
(IX)

## Jr. ENGLISH EXTEMPORE

**Ist Position**



ABHIJEET SINGH

## Sr. HINDI ESSAY WRITING

**IIIrd Position**



PRINCE AGGARWAL  
(IX - A)

## Jr. ENGLISH DEBATE BOYS

**IIInd Position**



SAKSHAM KR. SINGH



DEVANSH AGARWAL

## Jr. HINDI ESSAY WRITING

**Ist Position**



DEVANSH AGARWAL  
(VIII - A)

## Jr. ENGLISH DEBATE GIRLS

**IIInd Position**



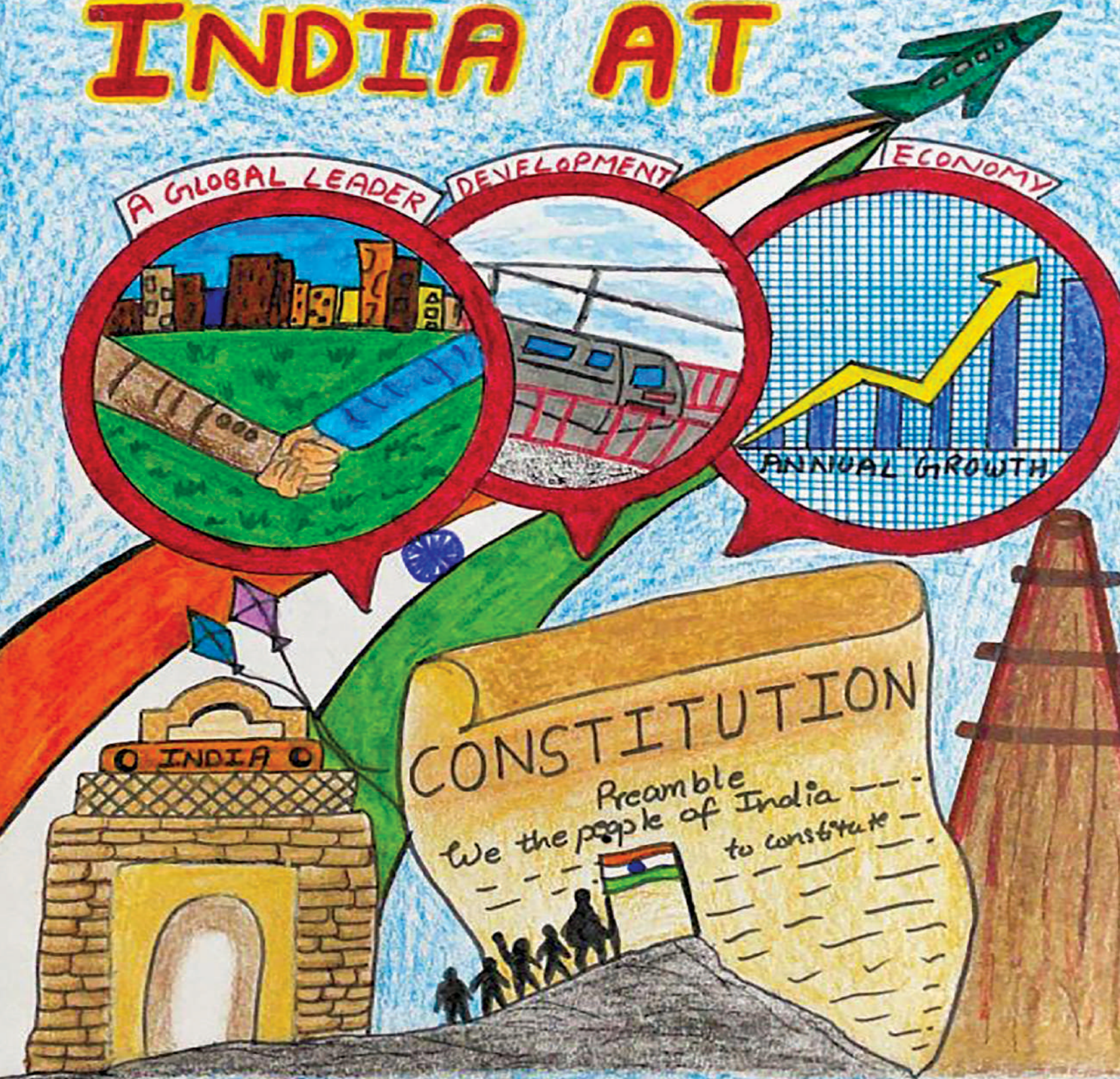
NITYA CHANDANI



HIMANI SHARMA



# MY VISION FOR INDIA AT



# 100 YEARS





2022-2023



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